

# The Academy of Neurologic Music Therapy

June 2021

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Welcome to the June NMT Academy Bulletin! This newsletter has been established to not only keep Affiliates up to date on NMT happenings, but also to inform those outside the Academy. **Please feel free to share this newsletter with your colleagues.**

Do you know an NMT who is not receiving the bulletin? Remind them to update their information [here](#).

## From the Board of Directors

Dear Friends and Colleagues,

As we enter a summer season that brings a slower pace, relaxation, recovery of strength, and hopefully continued relief from pandemic measures it may be a good moment to look back at the last 14 months in regard to the work of all of you in the NMT Academy.

With all the challenges during the pandemic, NMT has grown tremendously and created new landmarks of professional recognition worldwide. A few highlights from the exciting advances over the past year:

- The Academy moved the NMT training to a virtual platform [with the exception of one live training in the Netherlands last September] which has brought some unexpected positive insights, most importantly enhanced accessibility across the world. The Academy grew to almost 5000 Affiliates in over 60 countries, an amazing development with no end in sight. Virtual accessibility has offered new ways to include international teaching faculty in the training, often incorporating up to 20 NMT Fellows from various countries together in virtual space teaching as a team. We all look forward to meeting in person again but an important lesson will be to maintain a virtual presence in the Academy's education programs.
- The Academy started the Global Meetings which have provided an opportunity for NMTs around the world to get together for scholarly exchange and support. These meetings are

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also recorded for all Affiliates to watch at any time and have been a huge resource for many!

- Through the pandemic, the Academy Advisory Council, Scientific Council, and International Council have been very active in planning innovative ways of moving forward to increase the clinical and scientific presence of NMT.
- The Global Council of Brain Health for Healthy Aging has officially included NMT in the American AARP guidelines
- RAS continues to be recognized and recommended in the official Clinical Stroke Care Guidelines in the US [Department of Veteran Affairs and Department of Defense Clinical Practice Guidelines for Management of Stroke Rehabilitation] and Canada [Canadian Stroke Best Practice Recommendations - Heart and Stroke Foundation] since 2019.
- A recent paper published in Frontiers of Neuroscience by a group of University of Toronto students under the guidance of Dr. Corene Hurt Thaut showed survey data that NMTs were more successfully maintaining the scope of their clinical practice than other forms of music-based therapies throughout COVID-19 in TeleHealth: [Link to paper](#)
- We are seeing the first generation of doctoral graduates from the Music and Health Science Ph.D. program at UofT move quickly into faculty and postdoc positions. These new university-based professors and researchers will bring new dimensions of learning and discovery to the worldwide NMT community.

With best wishes for a restful summer,

Michael Thaut, PhD  
Board of Directors, The Academy of Neurologic Music Therapy  
Professor of Music  
Professor of Neuroscience and Rehabilitation Science  
Collaborator Scientist CAMH Neuroimaging  
Affiliate Scientist, Li Ka Shing Knowledge Institute at St. Michael Hospital  
Director, Music and Health Research Collaboratory MaHRC  
Director, Music and Health Sciences Graduate Programs  
University of Toronto  
CANADA RESEARCH CHAIR TIER I

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## Updates

- Next Global Support Meetings: July 9th at 2 PM EST
- Next NMT Training: France NMT Training, July 5-8 (SOLD OUT); Belitz, Germany training, October 7-10th
- Next Fellowship Training: ONLINE
- Local Support Chapter Meetings: Ongoing, click here for more information about timing!
- Advisory Council Meeting: July 20th, 2021

## Upcoming Important Dates

- The Montpellier, France Training: July 5-8, 2021 (SOLD OUT)
- The Netherlands NMT Training (CET): August 29-September 1st, more details to come
- Boston NMT Training (EST), September 16-19th
- Belitz, Germany (CET): October 7-10th
- University of Toronto (EST): Hybrid Training (pending COVID-19 restrictions), December 10-13th

THE ACADEMY OF NEUROLOGIC MUSIC THERAPY

# Global Support Meeting July 9th, 2 PM EST

## Mentoring Group Session: Bring your difficult clinical cases!

For the month of July, the Global Support Meeting will be held on the second Friday of the month, July 9th at 2 PM EST. In this Global Support Meeting, we are asking you to bring your difficult clinical cases and any outstanding questions that you have. We will be dividing into small mentoring groups with NMT Assistant Faculty to assist in these discussions!

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## CONGRATULATIONS TO OUR NEWEST NMT FELLOWS (MARCH-JUNE)

Miho Fushimi  
Rio Takahashi  
Michael Jenkins  
Delaney Mohesky  
Katrina Koszczuk  
Pauline de Vet  
Laura Morell  
Michelle Waller

Reanna Price  
Rebecca Eager  
Anne Flood  
Tara Cronin  
Kate Fletcher  
Cameron Haigh  
Chandler Sawyers  
Christobel Clark

### What's New in Research -Are You Looking for Cutting Edge Research to Inform Your Practice?

- [The prevalence of the Val66Met polymorphism in musicians: Possible evidence for compensatory neuroplasticity from a pilot study](#)
- [Neurologic Music Therapy via Telehealth: A Survey of Clinician Experiences, Trends, and Recommendations During the COVID-19 Pandemic](#)
- [Investigating music-based cognitive rehabilitation for individuals with moderate to severe chronic acquired brain injury: A feasibility experiment](#)

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- [Advances in the role of music in neurorehabilitation- Addressing critical gaps in clinical applications](#)
- [Feasibility of a rhythmic auditory stimulation gait training program in community-dwelling adults after TBI: A case report](#)
- [Effects of therapeutic instrumental music performance and motor imagery on chronic post-stroke cognition and affect: A randomized controlled trial](#)
- [Neural plasticity: The substratum of music-based interventions in neurorehabilitation](#)
- [Musical Attention Control Training for Psychotic Psychiatric Patients: An Experimental Pilot Study in a Forensic Psychiatric Hospital](#)
- [Development and evaluation of a novel music-based therapeutic device for upper extremity movement training: A pre-clinical, single-arm trial](#)

[Click Here To Learn More about What's New in Research!](#)

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